

# Sample Menu

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R K	Banana Muffin Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Perfect Pancakes Breakfast Ham Fresh Fruit 100% Juice	Ham Egg Muffin Hash Browns Fresh Fruit 100% Juice	Scrambled Egg Sausage Fresh Fruit 100% Juice Whole Grain Toast	Texas French Toast Bacon Fresh Fruit 100% Juice	Crepes/Strawberry Sauce Hash Browns Fresh Fruit 100% Juice	Waffles Bacon Fresh Fruit 100% Juice
L U N	Green Salad Bacon Meatloaf <i>or</i> Almond Crusted Chicken Seasoned Red Potatoes Normandy Blend Baked Roll Cookie Dough Cheesecake Bars	Green Salad Grilled Chicken/Cuke Melon Sauce <i>or</i> Seasoned Parmesan Fish Rice Seasoned Pea Pods Baked Roll Peach Cobbler	Green Salad Pork Chop Dijon <i>or</i> Herb Roasted Turkey Mashed Yams Harvard Beets Baked Roll Rootbeer Float Cake	Green Salad Beef Parmesan Patty <i>or</i> Glazed Baked Ham Roasted Potato Medley Mixed Vegetables Baked Roll Chocolate Sugar Cookies	Green Salad Lemon Pepper Chicken <i>or</i> Herb Crusted Pork Roast Mashed Potatoes/Gravy Honey Glazed Carrots Baked Roll Fruit Marshmallow Dessert	Green Salad Seasoned Baked Fish <i>or</i> Beef Bake Stew Sour Cream Potatoes Spinach Polonaise Baked Roll Pudding Parfait	Green Salad Beef Stroganoff <i>or</i> Smoked Roasted Turkey Spring Salad Garlic Bread Homemade Carrot Cake
D I N	Black Bean Vegetable Soup Skillet Pork Chops/Vegetables Ambrosia Peas Fresh Buttermilk Biscuit Cherry Fluff	Cream of Mushroom Soup Seasoned Burgers Grapes Pickle Relish Plate French Fries Dishpan Cookie	Vegetable Barley Soup Chicken Pockets Cantaloupe Spinach Cucumber Salad Sherbet	Green Pea Soup Tuna Noodle Casserole Whipped Lime Jello Lemon Buttered Broccoli Rice Pudding	Cream of Cauliflower Soup BBQ Ham Sandwich Peaches Hawaiian Coleslaw Baked Beans Orange Glazed Bars	Minestrone Soup Pepperoni Pizza Fresh Fruit/Lemon Dip Romaine Walnut Salad Garlic Breadsticks Zucchini Bread	Plantation Vegetable Soup Basil Chicken Strips Summer Sun Salad Cauliflower and Carrots Tater Tots Soft Snickerdoodle
	Milk offered at every meal						